

Curriculum Resources for Educating Children about the Dangers of Substance Abuse

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Value of Curriculum Resources

- Free and/or evidence-based* resources for teachers:
 - Blending Funding Streams: Titles I, II-A, III, IV-A
 - County Resources (e.g. Department of Human Services)
 - o Local Police (e.g. L.E.A.D.)
- Easily accessible in digital format for teachers and administrators
- Provides what teachers need:
 - Easy to understand and use in lesson plan design
 - Aligns to grade level bands
 - Easy to implement by health educators and classroom teachers
 - Supports learning standards
 - o Some resources in languages other than English (e.g. Spanish)

Grades K-2 Resources

- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- Footprints for Life*
- <u>Too Good for Drugs Program</u>* (L.E.A.D.)
- Good Behavior Game*
- I Can Problem Solve*
- Al's Pals*
- Smart Moves, Smart Choices Toolkit
- FDA Medicine Class PPT with Teacher's Guide
- <u>KidsHealth Medicine Lesson Plan and Worksheets</u>
- Online BrainPop Curriculum
- Social Emotional Learning Competencies



Grades 3-4 Resources

- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- I Can Problem Solve*
- Second Step Elementary/Middle*
- <u>Too Good for Drugs Program</u>* (L.E.A.D.)
- Keep a Clear Mind*
- Keepin' it R.E.A.L.*
- Smart Moves, Smart Choices Toolkit
- Scholastic Medicine Lesson Plan and Worksheets
- Kids Health Drugs Lesson Plan Grades
- Kids Health Alcohol Lesson Plan Grades
- Scholastic Drug Education Activities
- Scholastic Alcohol Lesson Plan

Grades 5-6 Resources

- (Scholastic OTC Safety Program Lesson Plans and Worksheets)
- Operation Prevention Elementary OTC and Prescription Medicine PPT Lesson*
- Botvin's Life Skills Training*
- Keep a Clear Mind*
- Keepin' it R.E.A.L.*
- <u>Too Good for Drugs Program</u>* (L.E.A.D.)
- New Beginnings Addiction Prevention Lesson Plans
- Keep a Clear Mind Take Home Drug Education Program Grades
- <u>Kids Health Peer Pressure Lesson Plan Grades</u>

Grades 7-8 Resources

- Operation Prevention Middle School Brain, Body, Opioid PPT Lesson*
- <u>Too Good for Drugs Middle School Program</u>* (L.E.A.D.)
- Rutgers Pharmacy Opioid Abuse Toolkit (See Section 6 on Page 30)
- Scholastic-Everything on Drugs Lesson Plans / Worksheets
- Overcoming Obstacles Middle School
- Smart Moves, Smart Choices Tool Kit
- Project Alert Substance Abuse Prevention Curriculum
- Kids Health Peer Pressure Lesson Plan Grades

Grades 9-12 Resources

- Operation Prevention*
- Too Good for Drugs High School Program* (L.E.A.D.)
- Keepin' it R.E.A.L.*
- Rutgers Pharmacy Opioid Abuse Toolkit (See Section 6 on Page 30)
- Overcoming Obstacles
- Smart Moves, Smart Choices Tool Kit
- Brain and Addiction
- Pain Killer Addiction
- My Generation RX